# Valencia Racquet Club



### POOL AND SPA RULES 2003

- 1. Key cards must be presented by all persons entering the pool area.
- 2. Children under 14 are not allowed in the pool area unless accompanied by an adult ...when lifeguard is not on duty.
- **3**. No babysitter under 21 may bring children under 14 to the pool. *Written permission from the parent cannot waive this rule.*
- 4. Showers are mandatory before entering the pool.
- 5. The pool is for use of Racquet Club members and their guests only Maximum 3 guests per resident
- **6.** All guests must have a written guest pass filed with the lifeguard before they use the pool and must be accompanied by a Racquet Club member.
- 7. When lifeguard is on duty, children under 8 years of age must be accompanied by an adult in the pool enclosure.

Children who have passed a lifeguard swimming proficiency test may be allowed in the pool without escort, upon written request of a parent. The swimming proficiency test consists of swimming two widths of the pool, treading water for 15 seconds, and using the "tired swimmers" float.

- **8.** Running and horseplay on the deck is **prohibited**.
- **9.** Any apparel other than regulation swimsuits must be clean and hemmed above the knee, and subject to the lifeguard's approval.

- 10. Swim-fins, masks, balls, etc., may be used with the approval of the lifeguard, dependent on the number of people using the pool.
  NO FLOTATION DEVICES of any type are allowed in the pool except as a teaching aid used in a regularly scheduled activity or class.
- **11.** Persons with infectious diseases, open sores, or bandages are prohibited from using the pool.
- **12.** Any activity, which might be injurious to other swimmers, will not be permitted.
- **13.** Diving is permitted at the **DEEP END** of the pool only. No diving from the sides. Divers must enter the pool from a forward direction **ONLY.**
- 14. NO GLASS containers of any kind (suntan, soft drink, glasses, cups, etc.) are permitted in the **pool area.**
- 15. NO PETS will be allowed in the pool area.
- 16. Profanity is prohibited.
- **17. NO SPLASHING** in the shallow end of the pool
- 18. NO CHEWING GUM is allowed in the pool area.
- **19. NO ALCOHOL or PROHIBITED SUBSTANCE** use allowed in the pool or other common areas.
- **20. SMOKING** in designated areas by adults only.
- 21. The County of Los Angeles requires that we maintain and make available a life saving hook and two floatation rings for pool safety. THESE ARE NOT TOYS. Please do not allow children to play with these items. They are very expensive to replace and can be hazardous when not stored properly.

#### SPA AREA

- **1.** Use spa at your own risk.
- 2. Use of spa is not recommended for persons with: heart problems, high blood pressure or by pregnant women, children under the age of 14, or persons under the influence of drug, alcohol or medication.
- **3.** ADULT's ONLY 6:00 p.m. to 10:30 p.m. daily.

#### 4. NO LIQUOR OR FOOD IN SPA AREA.

**5.** All pool rules apply to spa.

#### **OTHER THINGS TO THINK ABOUT**

There is never any alcohol allowed in the pool area, no matter **what** your age is.

Swimming and alcohol do not mix.

## Glass is also a hazard and MAY NOT BE BROUGHT INTO THE POOL AREA.

If you should find glass, broken or otherwise in any common area, please take a moment to remove it.

#### Thank You!

The Board Members and Management of The Valencia Racquet Club